11. limieten

11.1. jongens/heren

jongens/heren		Onder 14		Onder 16		Onder 18		Senioren open	
BWK 2026		*2013-2014*		*2011-2012*		*2009-2010*		*2008 en eerder*	
P = paralympisch		25m	50m	25m	50m	25m	50m	25m	50m
50m vrije slag	P	0:34.10	0:35.40	0:31.70	0:32.90	0:28.80	0:30.20	0:27.20	0:28.70
100m vrije slag	P	1:13.90	1:17.30	1:08.70	1:11.80	1:02.40	1:04.50	0:59.00	1:01.10
200m vrije slag	P	2:44.80	2:49.20	2:31.20	2:35.20	2:18.80	2:23.60	2:11.80	2:16.30
400m vrije slag	P	5:47.50	6:00.20	5:22.80	5:34.80	4:51.60	5:02.30	4:38.10	4:48.30
1500m vrije slag		22:31.60	23:10.10	20:55.70	21:31.10	19:23.50	19:56.30	18:37.10	19:09.10
50m rugslag	P	0:40.50	0:43.20	0:35.90	0:38.20	0:32.50	0:34.60	0:30.00	0:31.90
100m rugslag	P	1:27.50	1:33.50	1:17.50	1:22.80	1:10.40	1:15.20	1:05.80	1:10.50
200m rugslag		3:07.00	3:18.20	2:45.00	2:54.90	2:31.00	2:40.00	2:23.50	2:32.80
50m schoolslag	P	0:42.90	0:44.60	0:39.50	0:41.10	0:35.50	0:37.84	0:33.50	0:34.85
100m schoolslag	P	1:34.90	1:37.70	1:26.70	1:29.20	1:17.80	1:20.10	1:13.90	1:16.10
200m schoolslag		3:30.20	3:39.80	3:05.30	3:13.40	2:46.20	2:53.70	2:37.90	2:45.90
50m vlinderslag	P	0:38.80	0:38.90	0:34.60	0:35.50	0:31.90	0:33.30	0:29.80	0:31.10
100m vlinderslag	P	1:26.40	1:29.40	1:16.50	1:19.10	1:10.00	1:12.60	1:06.80	1:09.30
200m vlinderslag		3:14.30	3:20.80	2:52.00	2:57.60	2:38.20	2:43.30	2:30.70	2:35.70
100m wisselslag		1:23.50	-	1:13.85	-	1:06.95	-	1:04.20	-
200m wisselslag	P	3:03.70	3:10.90	2:49.70	2:56.40	2:33.00	2:38.40	2:26.50	2:31.70
400m wisselslag		6:49.70	7:03.90	6:20.60	6:33.00	5:44.00	5:55.28	5:29.10	5:40.00

jongens/heren	Onder 14		Onder 16		Onder 18		Senioren open	
BWK 2026	*2013-2014*		*2011-2012*		*2009-2010*		*2008 en eerder*	
Estafettes	25m	50m	25m	50m	25m	50m	25m	50m
4x100m vrije slag	4:55.60	5:09.20	4:34.80	4:47.20	4:09.60	4:18.00	4:00.00	4:10.80
4x100m wisselslag	5:42.70	5:57.90	5:09.40	5:22.90	4:40.60	4:52.40	4:32.00	4:44.00

Druk- en zetfouten voorbehouden.

11.2. meisjes/dames

meisjes/dames		Onder 14		Onder 16		Onder 18		Senioren open	
BWK 2026		*2013-2014*		*2011-2012*		*2009-2010*		*2008 en eerder*	
P = paralympisch		25m	50m	25m	50m	25m	50m	25m	50m
50m vrije slag	P	0:35.90	0:36.90	0:33.65	0:34.70	0:32.20	0:33.30	0:30.50	0:31.60
100m vrije slag	P	1:16.80	1:19.00	1:12.05	1:14.20	1:09.40	1:11.40	1:06.70	1:09.20
200m vrije slag	P	2:53.20	2:57.30	2:39.50	2:43.20	2:31.00	2:33.70	2:24.80	2:28.70
400m vrije slag	P	5:53.10	5:59.40	5:29.90	5:35.60	5:19.50	5:25.00	5:07.20	5:12.40
800m vrije slag		12:22.30	12:33.90	11:33.60	11:44.40	10:55.00	11:05.30	10:29.60	10:43.40
50m rugslag	P	0:40.80	0:43.50	0:38.25	0:40.70	0:37.00	0:39.30	0:35.00	0:37.20
100m rugslag	P	1:28.20	1:32.10	1:22.60	1:26.30	1:19.30	1:23.80	1:15.70	1:20.10
200m rugslag		3:09.20	3:16.00	2:57.20	3:03.50	2:50.40	2:57.80	2:43.40	2:51.50
50m schoolslag	P	0:44.90	0:46.20	0:42.30	0:43.50	0:40.90	0:42.00	0:39.10	0:40.20
100m schoolslag	P	1:37.50	1:40.20	1:31.70	1:34.00	1:28.50	1:31.00	1:24.80	1:27.30
200m schoolslag		3:30.20	3:39.80	3:17.90	3:22.40	3:10.40	3:17.60	3:04.00	3:11.00
50m vlinderslag	P	0:38.80	0:38.90	0:36.00	0:36.10	0:34.50	0:35.20	0:32.60	0:33.60
100m vlinderslag	P	1:29.50	1:31.90	1:23.10	1:25.30	1:19.80	1:22.60	1:16.10	1:18.85
200m vlinderslag		3:18.80	3:22.40	3:04.50	3:08.00	2:55.50	2:59.20	2:48.40	2:52.00
100m wisselslag		1:24.50	-	1:16.80	-	1:13.50	-	1:11.50	-
200m wisselslag	P	3:06.30	3:12.80	2:54.60	3:00.70	2:47.10	2:52.79	2:41.30	2:46.80
400m wisselslag		6:49.70	7:03.90	6:30.30	6:40.80	6:18.70	6:28.70	6:00.20	6:11.40

meisjes/dames	Onder 14		Onder 16		Onder 18		Senioren open	
BWK 2026	*2013-2014*		*2011-2012*		*2009-2010*		*2008 en eerder*	
Estafettes	25m	50m	25m	50m	25m	50m	25m	50m
4x100m vrije slag	5:07.20	5:16.00	4:48.20	4:56.80	4:37.60	4:45.60	4:22.00	4:36.80
4x100m wisselslag	5:52.00	6:03.20	5:29.45	5:40.20	5:17.00	5:28.80	5:03.00	5:16.80

Druk- en zetfouten voorbehouden.